



# News Release

**Contact:** Susan Whitley  
910-371-3560

For Immediate Release—

The Leland Senior Center, located at 1490 Village Rd. (Inside Leland Park), is in need of volunteers who are willing to deliver Homebound Meals. Over 50 homebound seniors in the Leland area rely on this service. Meals are delivered on Monday, Wednesday and Friday. This provides the individual with a nutritiously balanced lunch 5 days a week. Routes typically take about one hour. We request that volunteers pick up meals for their routes at 10am. Volunteers who deliver 3 days a week may be able to receive mileage reimbursement.

As the senior population is growing throughout the nation and locally, Brunswick Senior Resources, Inc. will have the need for more volunteers to help us provide this service and fulfill our mission. Our clients are grateful to our volunteers and everything they do. Many days, the Homebound Meal driver is the only person they see or talk to making your visit truly more than just a meal.

If you are able to make a difference in a senior's life, we would enjoy hearing from you. Please call 910-371-3560 and speak with Susan Whitley.

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